

AGE RESTRICTIONS

Anyone under 18 must be accompanied by an adult.

Canmore Pride has arranged an adult volunteer to supervise each lane during this event..

Note that if our staff has reason to doubt the capabilities of a minor to throw an axe safely, they will not allow it.

WHAT TO WEAR

For safety all participants are required to wear close-toed shoes when throwing axes.

There are no clothing restrictions, but we recommend comfortable loose-fitting tops as you will be moving your upper body.

FOOD + DRINKS

No food or drinks are allowed past the safety line. This is not negotiable.

Our staff has the right to remove a participant from throwing axes (or from the premises) at any time if they suspect a participant is intoxicated or posing a safety threat.

THERE IS ONE SAFETY OFFICER ON DUTY AT ALL TIMES, AND COACHES WILL BE ASSIGNED TO EACH LANE. THERE IS A MAXIMUM OF 2 PARTICIPANTS PER LANE, WITH NO EXCEPTION. THE COACH OF EACH LANE HAS THE SAME AUTHORITY OF THE SAFETY OFFICER AND IF YOU ARE GIVEN INSTRUCTIONS, IT IS FOR THE SAFETY OF ALL STAFF AND PARTICIPANTS. FAILURE TO ADHERE TO THESE INSTRUCTIONS OR RULES WILL WARRANT YOUR REMOVAL FROM THE PREMISE.

THERE ARE SECURITY CAMERAS TO ENSURE THE SAFETY AND LIABILITY OF OUR FACILITY, AND OUR GUESTS. EVERY DAY WILL HAVE A REPORT LOGGED INTO A BOOK AT THE END OF EACH EMPLOYEE SHIFT TO ASSIST IN DOCUMENTATION OF DAY TO DAY OPERATION.

AXES

We do not permit outside axes or weapons to throw due to our insurance policy. You must use what we provide, but don't worry – you'll love our axes!

BLACK THROW LINE

Participants must have their back foot behind the black throw line in order for their throw to count. You can step forward past this line with your other foot.

RED SAFETY LINES

Participants cannot cross the red safety line while axes are in play.

WOOD SAFETY LEDGE

Spectators and participants not currently throwing axes must stay behind the wood rail

safety ledges while axes are in play.

THROWING

2 participants will be throwing at a time and must throw at the same time. participants may not “delay” in throwing the axe in hopes that the opponent's axe may fall out of the target or use delays for strategic advantage.

RETRIEVING AXES

After both axes are thrown, participants are permitted to cross the throwing and safety lines to retrieve their axes. If your axe sticks, pull it down and against the target first, then out to unstick it.

WAIVER FORMS

All participants must sign a waiver before participating, and participants under the age of 18 must have a parent or guardian sign a waiver for them. Download a PDF of our waiver.

AXES

Every axe is inspected prior to each event to ensure it is up to par, and blades are maintained and sharpened enough to stick to the target.

TARGETS

The wood targets are sprayed with water to ensure the axes stick and to reduce splitting and chipping. They are made of quality Canadian pine boards and will be replaced when they become worn out.

LANES

Fencing divides our lanes to ensure throwers and axes are contained. Only the 2 throwers and the axe throwing coach are allowed inside the lane at one time.

COACHES

Each event is assigned a trained axe throwing coach who will cover safety, demonstrate how to throw an axe, and run games. Coaches monitor the overall safety of the event as it's happening, they will also provide tips and support to allow participants to throw to their best ability.

RELEASE AND WAIVER OF LIABILITY, ASSUMPTION OF RISK, AND INDEMNITY AGREEMENT (AGREEMENT) Form 3742 In consideration of participating in the sport of Axe Throwing I represent that I understand the nature of this activity and that I am qualified, in good health, and in proper physical condition to participate in such activity. I acknowledge that if I believe event conditions are unsafe, I will immediately discontinue participation in the activity. I fully understand that this activity involves risk of serious bodily injury which may be caused by my own actions, or inactions, those of others participating in the event, the conditions in which the event takes place, or the negligence of the "releases" named below; and that there may be other risks either not known to me or not readily foreseeable at this time: and I fully accept and assume all such risks and all responsibility for losses, costs, and damages I incur as a result of my own participation in the activity. I hereby release, discharge, and covenant not to sue (INSERT OPERATING NAME HERE), its respective administrators, directors, agents, officers, volunteers, and employees, other participants, any sponsors, advertisers, and in applicable, owners and lessors or premises on which the activity takes place, (each considered on of the "RELEASES" herein) from all liability, claims, demands, losses, or damages on my account caused or alleged to be caused in whole or in part by the negligence or the "releases" or otherwise, included negligent rescue operations; and I further agree that if, despite this release, waiver or liability, and assumption of risk I, or anyone on my behalf, makes a claim against any of the RELEASES, I will indemnify, save, and hold harmless each of the RELEASES from any loss, liability, damage, or cost which any may incur as the result of such claim. PARENT CONSENT I, the minor's parent and /or legal guardian, understand the nature of the above referenced activities and the minor's experience and capabilities and believe the minor to be qualified to participate in such activity. I hereby release, discharge, covenant not to sue and AGREE TO INDEMNITY AND SAVE AND HOLD HARMLESS each of the RELEASES from all liability, claims, demands, losses, or damages on the minor's account caused or alleged to have been caused in whole or in part by the negligence of the RELEASES or otherwise, including negligent rescue operations, and further agree that if, despite this release, I, the minor, or anyone on the minor's behalf makes a claim against any of the above RELEASES, I WILL INDEMNITY, SAVE AND HOLD HARMLESS each of the RELEASES from any litigation expenses, attorney fees, loss liability, damage, or cost any RELEASES may incur as the result of any such claim. The signatures on the following document (5674) binds the signee(s) to all consents, releases and waivers as spelled out on form 3742.

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Anger Management Collective

#101A 306 Bow Valley Trail, Canmore, AB,

Anger Management Collective Release Signature Page (5674)

On _____ (today's date) I have read this RELEASE AND WAIVER OR LIABILITY, ASSUMPTION OF RISK, AND INDEMNITY AGREEMENT (FORM AT3742).

I understand that I have given up substantial rights by signing and have signed freely and without any inducement.

Name of Participant Signature of Participant or Parent/Adult Guardian Date of Birth

First Name: _____

Last Name: _____

Date of Birth: _____

Signature _____

